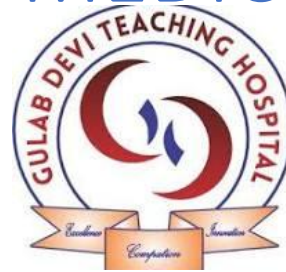


House Officer Log Book

MEDICINE & ALLIED



Gulab Devi Teaching Hospital

Introduction

Welcome to the General Surgery Department! This logbook has been carefully crafted to assist you in documenting your activities and progress during your three-month house job rotation. It serves as a structured guide for your training, ensuring you meet the learning objectives and acquire the essential skills needed for a successful career in surgery.

Purpose of the Logbook

This logbook is designed to:

1. **Record Clinical Activities:** Document your duties in the ward, outpatient department (OPD), emergency room, and operation theater (OT).
2. **Facilitate Skill Development:** Help you track your progress in clinical and surgical procedures.
3. **Ensure Competency:** Monitor your knowledge, skills, and professional attitude.
4. **Encourage Academic Participation:** Promote active involvement in journal clubs and case presentations.

Scope of Activities

During your rotation, you will perform the following under the supervision of senior surgeons and faculty:

- **Patient Care:**
 - Take comprehensive histories and conduct thorough physical examinations.
 - Formulate provisional diagnoses and interpret laboratory investigations.
 - Manage pre- and post-operative care of surgical patients.
 - Conduct ward rounds and participate in patient discussions.
- **Procedures:**
 - Perform routine ward procedures such as Foley's catheterization, nasogastric tube insertion, maintenance of peripheral intravenous lines, drawing blood samples, and wound dressing.
 - Assist surgeons during major and minor surgical procedures.
 - Perform basic surgical procedures under supervision to build foundational surgical skills.
- **Academic Activities:**
 - Actively participate in journal clubs, both as a presenter and a participant.
 - Prepare and deliver case presentations, discussing key aspects of patient care and surgical decision-making.

Competency Evaluation

Your performance will be assessed regularly based on three critical domains:

1. **Knowledge:** Your understanding of surgical principles, disease processes, and patient care.
2. **Skills:** Your ability to perform clinical and surgical tasks with competence and precision.
3. **Attitude:** Your professional behavior, teamwork, empathy, and commitment to patient care.

Structure of the Logbook

The logbook includes the following sections:

1. **Daily Activities:** Record your responsibilities in the ward, OPD, emergency room, and OT.
2. **Procedural Log:** Track all clinical and surgical procedures you perform or assist with.
3. **Journal Club Participation:** Note your involvement in academic discussions and presentations.
4. **Self Reflections**

Conclusion

This logbook is an essential tool to guide your journey through the general surgery rotation. It not only serves as a record of your experiences but also as a means to evaluate your growth and readiness for future challenges in your medical career.

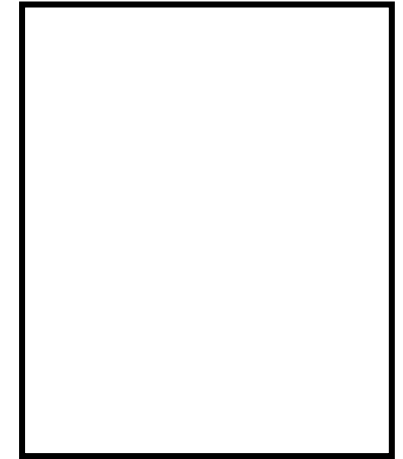
We encourage you to maintain it diligently, seek feedback regularly, and make the most of this invaluable learning opportunity. Best wishes for a successful and enriching rotation.

Regards

**Head of Department
General Surgery Department
Gulab Devi Teaching Hospital**

**Head of Department
General Medicine Department
Gulab Devi Teaching Hospital**

HOUSE OFFICER CLINICAL LOG BOOK



Name: _____ S/D/O: _____

Age & Sex: _____ CNIC No: _____

Address: _____

Mobile No: _____ Email Address: _____ MBBS Institute: _____

Final Prof Marks: _____ Date of Start: _____ Date of Completion: _____

Sr.	Department	Head of Department	Signatures
1			
2			
3			
4			

HISTORY AND EXAMINATION

Sr. No	Date	Patient Name	Age/ Sex	MRN	OPD/ IPD/ Emerg	Provisional Diagnosis	History			Examination			Consultant Signature
							K	S	A	K	S	A	

Consultant Signature & Stamp _____

WARD MINOR PROCEDURE

Sr.No	Date	Patient Name	Age/ Sex	MRN	Provisional Diagnosis	Procedure Name	Procedure			Supervisor Signature
							K	S	A	

Consultant Signature & Stamp _____

OPERATION THEATER MAJOR PROCEDURE ASSISTANCE

Sr. No	Date	Patient Name	Age/ Sex	MRN	Provisional Diagnosis	Procedure Name	Procedure			Surgeon
							K	S	A	

Consultant Signature & Stamp _____

OPERATION THEATER MINOR PROCEDURE ASSISTANCE

Sr.No	Date	Patient Name	Age/ Sex	MRN	Provisional Diagnosis	Procedure Name	Procedure			Surgeon
							K	S	A	

Consultant Signature & Stamp _____

OPERATION THEATER MINOR PROCEDURE PERFORMED

Sr. No	Date	Patient Name	Age/ Sex	MRN	Provisional Diagnosis	Procedure Name	Procedure			Supervisor Signature
							K	S	A	

Consultant Signature & Stamp _____

CASE PRESENTATION AND JOURNAL CLUB PRESENTATION

Sr. No	Journal Club Topic/ Case Presentation	Presenter/ Participant	Presenter Name	Consultant Signature

Consultant Signature & Stamp _____

HOUSE OFFICER CLINICAL COMPETENCY PERFORMA
SEMI-ANNUAL REPORT – DEPARTMENT OF _____

Name: _____ Date From _____ Date To _____

Skill	No. of Procedures Required	No. of Procedures Performed	Knowledge	Skills	Attitude
History Taking	50				
Physical Examination	50				
Investigation Interpretation	50				
Pre-operative Care	20				
Post-operative Care	20				
Wound Management	20				
Foley's Catheterization	15				
NG Tube Placement	10				
Peripheral Line Placement	10				
Blood Sampling	30				
I/V & I/M Injections	10				
Wound Stitching	20				
Assistance in Major Procedures	20				
Assistance in Minor Procedures	30				
Minor Procedures under supervision	10				
ECG Performed	10				
Perform log roll & care of cervical spine	Yes / No				
Immobilize patient's upper/lower limbs using appropriate splints	Yes / No				

Power-point presentation	01				
Reflections	05				

Consultant Comments (Dept of Gen. Surgery): _____

Consultant Comments (Dept of Allied Surgery): _____

HOD - Gen. Surgery

HOD - Allied Surgery

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ALLIED

Gulab Devi Teaching Hospital

HISTORY AND EXAMINATION

Sr. No	Date	Patient Name	Age/ Sex	MRN	OPD/ IPD/ Emerg	Provisional Diagnosis	History			Examination			Consultant Signature
							K	S	A	K	S	A	

Consultant Signature & Stamp _____

WARD MINOR PROCEDURE

Sr.No	Date	Patient Name	Age/ Sex	MRN	Provisional Diagnosis	Procedure Name	Procedure			Supervisor Signature
							K	S	A	

Consultant Signature & Stamp _____

CASE PRESENTATION AND JOURNAL CLUB PRESENTATION

Sr. No	Journal Club Topic/ Case Presentation	Presenter/ Participant	Presenter Name	Consultant Signature

Consultant Signature & Stamp _____

HOUSE OFFICER CLINICAL COMPETENCY PERFORMA
SEMI-ANNUAL REPORT – DEPARTMENT OF _____

Name: _____ Date From _____ Date To _____

1 = Poor , 2 = Below Average , 3 = Average , 4 = Good , 5 - Excellent

Clinical Knowledge Skill	Score (1-5)	Comments
History taking		
Physical examination skills		
Clinical reasoning & Diagnosis formulation		
Management of clinical conditions		
Emergency decision-making capability		

Communication Area	Score (1-5)	Comments
Communication with patients and families		
Teamwork and collaboration		
Communication with consultants/supervisors		
Record-taking and documentation accuracy		
Punctuality / Attendance		
Ability to handle stress/workload		

Procedural Skills Performed by HO	Number Performed	Score (1-5)	Independent	Supervised	Comments
Intravenous cannulation					
Blood sampling					
Foley's catheter insertion					
Nasogastric tube insertion					
CPR					
Pleural tap					
Lumbar puncture					
Ascitic tap					
Gastric lavage					
I/V , I/M injection					
CVP line					
ECG performance					
Fundoscopy					
Endotracheal intubation					
Any Other					

Academic Activities	Number Attended	Score (1-5)	Comments
Case presentation			
Case-based discussions			
Journal clubs			
Research participation			
Self-directed reading and learning			

Consultant Comments (Dept of Gen. Medicine): _____

Consultant Comments (Dept of Allied Medicine): _____

HOD - Gen. Medicine

HOD - Allied Medicine